



## **Proclamation**

**WHEREAS,** Heart disease affects men, women, and children of every age and race in the United States and continues to be the leading cause of death in America; and

**WHEREAS,** Approximately 295,000 emergency medical services-treated out-of-hospital cardiac arrests occur annually nationwide. Roughly 92 percent of sudden cardiac arrest victims die before being discharged from a hospital. Sudden cardiac arrest results from an abnormal heart rhythm in most adults, often ventricular fibrillation. Unfortunately, only 31.4 percent of out-of-hospital cardiac arrest victims receive bystander cardiopulmonary resuscitation (CPR).

**WHEREAS,** The REMSA Center for Pre-hospital Education has dedicated itself to quality education that prepares our community to provide lifesaving skills including CPR. REMSA has trained more than 15,000 individuals in northern Nevada in the past year how to conduct proper CPR techniques in order to save lives.

**WHEREAS,** Prompt delivery of CPR more than doubles the victim's chance of survival by helping to maintain vital blood flow to the heart and brain, increasing the amount of time in which an electric shock from a defibrillator may be effective.

**WHEREAS,** An automated external defibrillator (AED), even when used by a bystander, is safe, easy to operate and, if used immediately after the onset of sudden cardiac arrest, highly effective in terminating ventricular fibrillation so the heart can resume a normal, effective rhythm.

**WHEREAS,** For every minute without bystander CPR, survival from witnessed cardiac arrest decreases 7-10 percent. The interval between the 911 telephone call and the arrival of Emergency Medical Services personnel is usually longer than five minutes; therefore, a cardiac arrest victim's survival is likely to depend on a public trained in CPR and AED use and access to these lifesaving devices.

**NOW, THEREFORE, I GENO MARTINI, Mayor of the City of Sparks, Nevada, do hereby proclaim February 9<sup>TH</sup> 2013,**

### **"SAVE A HEART DAY"**

In and for the City of Sparks, Nevada, and urge all citizens to show their support for life-saving education and the fight against Sudden Cardiac Arrest and commemorate this day by taking time to learn the life-saving skills of CPR. By increasing awareness of the importance of CPR and the use of AED units to reduce death and disability from cardiovascular disease, we can save thousands of lives each year.

**IN WITNESS WHEREOF,** I have set my hand and caused the Seal of the City of Sparks, Nevada, to be affixed this 16<sup>TH</sup> day of January 2013.

  
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**GENO R. MARTINI, Mayor**

**ATTEST:**

  
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**TERESA GARDNER, City Clerk**

